The Most Powerful Thing: A Positive Mental Attitude (Affirmations)

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1: Enthusiasm

I am enthusiastic.

I am full of energy and life.

I am high off life.

I am happy.

I am joyous.

Life treats me exceedingly well.

I am excited to take on the day.

I am elated for new opportunities.

I approach life with vigor.

I have an enthusiastic attitude.

2: I Feel Great

I am thankful for this day.

My attitude towards life is positive.

My enthusiasm is leaking out of me.

I feel great about life.

I take on this day with confidence.

I feel strong, healthy, and lively.

I function at 100%.

I never feel tired during the day.

I am in love with my life.

Enriching people surround me.

3: I Am Empowered

I am in charge of my feelings.

I am in charge of my destiny.

I am in charge of my decisions.

I am in charge of my life.

I am in charge of my future.

I am in charge of my reality.

I am in charge of my responses.

I am in charge of where I am going.

I am in charge of how I treat others.

I am in charge of my attitude.

4: I Am Positive

I am a natural optimist.

I look forward to helping others.

I expect the best from others.

I look for the good in everything.

My optimism is contagious.

I encourage others to be their best.

I operate at maximum levels.

Each day is enjoyable.

I attract good into my life.

5: I Am My Life Creator

I create my life.

I create my life experience.

I create my mentality.

I create my mental attitude.

I create my future.

I create my thoughts.

I create consistent goals.

I create positive feelings.

I create optimism within myself.

6: Abundance Is Me

I think in abundance.

I always have more than enough.

I focus on wealth.

I focus on abundance.

I focus on liberation.

I focus on helping others.

I am a generous individual.

I am a kind-hearted person.

I consistently empower others.

7: Happiness

Happiness has found me.

Happiness lives within me.

Happiness is my best friend.

Happiness surrounds me.

Happiness is attracted to me.

Happiness is familiar to me.

Happiness is in my mind.

Happiness is in my heart.

Happiness is in my actions.

Happiness is in my attitude.

8: Attitude

My attitude is up to me.

My attitude is positive.

My attitude is energetic.

My attitude is optimistic.

My attitude is enthusiastic.

My attitude is incredible.

My attitude is fun and adventurous.

My attitude is loving.

My attitude is giving.

My positive attitude is contagious.

9: Flexibility

I am open-minded.

I am open to new ideas.

I am open to new habits.

I am open to new people.

I am open to learning.

I am open to being the best me.

I am flexible and adaptable.

I am open to change.

I am open to adventure.

I am continually evolving.

10: Kindness

I respond to others with kindness.

I respond to others with patience.

I respond to others with favor.

I respond to others with love.

I respond to others with grace.

I respond to others with generosity.

I respond to others with gratitude.

I respond to others with time

I react to others thoughtfully.

I have a helpful attitude.

11: Health

I am mentally healthy.

I am emotionally healthy.

I am physically healthy.

I am spiritually healthy.

I am financially healthy.

I am sexually healthy.

I am 100% healthy.

I am living my most optimal life.

I have a healthy mental attitude.

I have an attitude of vitality.

12: Law of Attraction

I attract great things in my life.

I attract enriching relationships.

I attract prosperity into my life.

I attract optimal health into my life.

I attract lucrative ideas into my life.

I attract fruitful opportunities.

I attract creative-imaginative ability.

I attract ambitious goals.

I attract peace and joy.

I attract contentment and gratitude.

13: Mood

My mood is positive.

My mood is consistently good.

My mood is inspiring to others.

My mood is energetic.

My mood feels good.

My mood is fun.

My mood is optimistic.

My mood attracts good.

My mood is stable.

My mood is enjoyable.

14: Joy

I have joy.

I have laughter.

I have humor in my life.

I do things that bring me joy.

I am around joyous people.

I am a joy to be around.

Nothing can take my joy.

My joy is deep-rooted within me.

I am comfortable being joyful.

My days are filled with joy.

15: Mental Attitude

I have a positive mental attitude.

I listen to positive recordings.

I read positive books.

I listen to positive music.

I intake positive news.

I have a positive demeanor.

I have a fantastic attitude.

I am a positive person.

I always have a great attitude.

I am always *with* joy.

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